

VA Central Iowa Needed Donation List

Updated March 2016

Due to Storage and Infection Control restrictions we are UNABLE to accept used clothing or bedding.

Homeless Program: Drawstring Laundry Bags, toilet paper, feminine hygiene products, kitchen items, dishes, can openers, pans, cutlery, etc. Cleaning products, laundry detergent, brooms, mops, dust cloths. Canisters of regular coffee to serve from the new Community Resource and Recovery Center Offices.

Returning Veterans Program (OEF-OIF-OND): Gas Gift Cards, Grocery Store Gift Cards

PRRC (Day Program): gallon and quart size zip-lock bags, disposable plates and utensils, food storage containers (Rubbermaid), aluminum foil, and dish soap.

3A (Acute Psychiatric Unit): Fresh Fruit, individual packages of cookies, crackers, nuts, microwave popcorn, women underwear, shampoo and personal care items for women, brushes for women

CLC 1: (Dementia): twist up Crayola crayons, Dairy Queen gift cards, Hy-Vee gift cards, punch balloons

Rehab: hand weights under 5 lbs., light weight nerf balls, table top hand cycle.

Music Therapy: I-Tunes gift cards to download and record specific music for Inpatient Veterans. Monetary donations to the Local Creative Arts Competition for medals, ribbons, music, and instruments.

Domiciliary: (56 Day Program for Veterans unable to live independently)

Flash drives to save resume and cover letter information.

Bus Passes: \$48.00 per month

Steno Spiral pads, Phone cards, Umbrellas (to use while waiting for buses to work sites), 2" three ring binders (PTSD Veterans use in program),

Nail clippers,

Key rings (to hold locker keys on while in program)

Composition books (for life stories in S.U.D),

Sewing kits,

Reading glasses (2-3 magnification),

Sun block lotion

Coffee

Men's underwear and socks

Warm hats and winter gloves

Sweat pants

Duffle bags

Items to be used on the DOM and keep for new homes: Plastic hangers, plastic laundry baskets, small clock radios, brooms and dust pans, room fans.

Voluntary Service: Medium, Large, X- Large Sweat pants without strings. Medium and Large t-shirts, 32-34" boxers or briefs, elastic waist shorts, (all sizes). Non prescription reading glasses (new or gently used), Nail Clippers and . Packaged cookies and individually wrapped health snacks. New/Lightly used tennis shoes or work boots. Size 10, 10 ½ , 11, 11 ½ Laundry bags.

CLC Bingo Prizes: Quarters, Word find/crossword puzzle books, new socks, non-alcohol personal care full sized items (soap, shampoo, deodorant), fleece blankets, ball caps, gloves, or individually wrapped snacks including microwave popcorn.

Recreation Therapy

Funding to take Veterans on community outings:

- Bowling: the Domiciliary and Community Living Center Veterans go monthly.
- Movies admissions and refreshments: the DOM and CLC go every month.
- Iowa Energy Games (what works the best is 10 tickets for three different games throughout the season)
- Buccaneer Tickets / Iowa Wild Tickets
- Science Center
- Horseback Riding
- Therapy Pool
- Botanical Center
- Blank Park Zoo
- Sleepy Hollow for skiing in the winter and miniature golf in the summer
- Lunch trips to area restaurants. For example, IHOP, Perkins, Culvers, Kentucky Fried Chicken, Pizza Hut, Hy-Vee,. Gift cards work the best.

Food items for Birthdays, Holidays, and other social occasions:

- cookie dough
- bread mix
- ice cream
- pop
- pizza
- healthy snack items
- smoothies ingredients: fresh fruit, yogurt, etc.

Craft items:

- leather, canvas, plastic models, paint, brushes, colored pencils, note pads

Miscellaneous items:

- CD boom boxes
- DVD players (small / laptop)
- Two DVD players for TV carts
- Electric knife
- Pizza cutters
- Gift cards to Hobby Lobby
- Gift cards to Walmart
- Poker chips

Palliative/Hospice Care Requests:

- Artificial rose/single stem
- Microwave popcorn
- Funds to pay for a catered in meal from a nice restaurant
- Storage boxes for family to take personal care items home following a death. These boxes would need to be able to be flattened for storage on the unit.